

AWARDS
CARING
SAFE
HOLISTIC
FOUNDATION
EDUCATORS
COMPASSION
ETHICAL
COMMITMENT
LICENSE PLATES
PASSIONATE
HONOR A NURSE
INTEGRITY
HUMILITY
RESPECTFUL
COMMUNITY

EDUCATION
PRACTICAL
LOVING
DEDICATED
NURSES
ILLINOIS

PATIENT
INSPIRATIONAL
SCHOLARSHIP
HOLIDAY GALA
PROFESSION
CARING

CELEBRATION OF NURSING

YEAR IN REVIEW-2020

HONOR A NURSE
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CARING





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Presidents Reflection on the INF in 2020

2020 caught the world by surprise. The COVID-19 pandemic hit and hit hard and fast; life as we knew it changed and no one could have predicted how it would affect healthcare and nursing.

Nurses were at the forefront of the battle against COVID-19, a biological war that put their lives and those of their loved ones in jeopardy. Yet, we saw across the state of Illinois, nurses worked around the clock to protect the health and well-being of patients and the public at large. Together, nurses actively prevented further spread of the virus as they sought ways to protect and care for those at risk. This type of call to action is not new to nursing, the profession has played major roles in stepping into times of crisis to provide care and innovation that has saved lives and reduced suffering.

This commitment continued into the classroom. Nurse educators prepared the next generation of nurses to meet the challenges of an unknowable future by thinking beyond the traditional classroom and clinical setting to co-create new ways of living the teaching-learning mission of nurse education programs. Some nursing students became workforce extenders, assisting where they were able in hospital and clinical settings; others in the virtual classroom setting. While these dedicated students were immersed in their education, what was looming for them was how will they pay for their education. Many students lost their jobs, of which the income that was desperately needed for their tuition and living expenses.

I have always embraced the role of nursing and its importance for quality patient care: the need to have knowledgeable, caring, and compassionate nurses prepared to handle any situation. This is why I am grateful for so many individuals who support the efforts of the INF. The INF was formed to develop the nursing profession to transform healthcare in Illinois. Our purpose is to collaborate with community partners in promoting the health of the public by supporting nurses through charitable research and educational initiatives. Our mission and vision have not changed, but has become stronger through 2020. The strength of the nursing profession was shown time and time again through team-based care, infection control, person-centered care, and an array of other leadership skills. As the world emerges through the pandemic, the increase demand for nursing expertise and leadership will increase and the INF is fortunate to have a team of donors supporting us in our mission.

Together, the INF with its donors were able to provide nearly \$12,000 in scholarship support to current nursing students, and award over \$10,000 in grants to nurses and nurse educators to advance professional nursing practice; enhance safe, quality patient care and promote innovative solutions. We were able to virtually celebrate and highlight 40 Emerging Nurses under 40 who are impacting health care and the nursing profession today and who, undoubtedly, are shaping the future of the profession. You Together, we did more than 'survive,' we thrived in continuing to support the nursing profession - thank you for joining us on this unprecedented journey!

While we do not know what tomorrow will bring, we know that the need to support our mission will continue. As we look to the future of the nursing profession, we know awarding student scholarships, grants, and scholarly initiatives will continue. Your support of the INF will allow Illinois nurses the opportunity to give economic value and power to their values of caring, concern, and compassion.

Please consider a gift to the INF for scholarships, research grants or to honor a nurse. If you are interested in creating an endowed scholarship or grant, or wish to leave the INF in your estate plans, please Susan Swart (INF Executive Director) at syswart@ana-illinois.org. Your gift will show your recognition of nursing being the cornerstone of quality health care. You make nursing excellence possible through scholarships, research, professional development and much more. Together, we ensure the continuation of outstanding and innovative patient care through the profession of nursing. Thank you,



Cheryl Anema

Cheryl Anema, PhD, RN
President, Illinois Nurses Foundation

ILLINOIS NURSES FOUNDATION – OVERVIEW

The Illinois Nurses Foundation (INF) was established in 2001, and our vision, mission, and purpose provide us with the tools we need to serve the nurses and people of Illinois.

The INF vision:

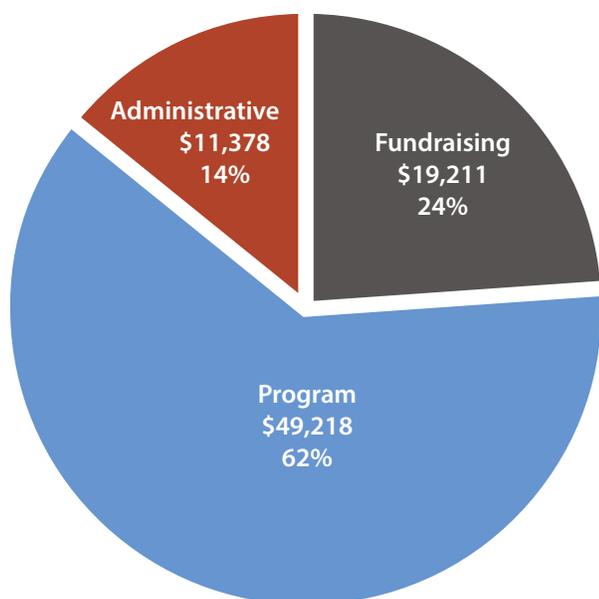
- “Developing the nursing profession to transform healthcare in Illinois.”
- The INFs purpose is to collaborate with community partners in promoting the health of the public by supporting nurses through charitable, research, and educational initiatives.

The INF, as led by the Board of Directors, assures that its purpose is accomplished through scholarships, research, and fellowship funding. Through these initiatives, we are supporting the future of nursing in Illinois and safeguarding the care patients in Illinois receive.

FISCAL YEAR 2020 FINANCIALS

In fiscal year 2020, the Illinois Nurses Foundation (INF) spent 61.7% of its operating expenses on nursing programs, 14.3% on administration, and 24.1% on fundraising. All program spending is directly for Illinois nurses and their educational and research needs.

Since 2003, the INF has funded \$94,325 in scholarships to over 86 undergraduate and graduate student nurses.



PUBLIC SUPPORT AND REVENUE

Contributions	\$10,440
Grants	\$430
Meetings, Workshops, and self-study	\$832
Special Events	\$39,101
Royalties	\$20,000
Other	\$68
Total Public Support and Revenue	\$70,871

OPERATING EXPENSES

Program	\$49,218
Administrative	\$11,378
Fundraising	\$19,211
Total Operating Expenses	\$79,807

OTHER REVENUE

Interest and dividends	\$14,981
Unrealized and realized gains on investments	\$24,974
Total Other Revenue	\$39,955

Change in Net Assets	\$31,019
Net Assets, Beginning of Year	\$540,563
Net Assets, end of year	\$571,582



DONATION INFORMATION

Funding of the INF is accomplished through several sources. These sources may include grants, endowments, corporate sponsors, governmental agencies, and individual donors. Fundraising efforts occur throughout the year.

Donations can be made as a single event or recurring gift. Also the donor can indicate the specific area they would like to have their donation used. The areas include research, scholarships, or the area of greatest need. Donations can also be made in memory of a loved one or in honor of someone.

The INF continues to seek funding through alternative methods, thus allowing the people of Illinois and the leaders in the nursing community the most convenient way to support this worthy cause. All donations to the INF are tax-deductible.

GIFT OF HOPE LEGACY PROGRAM

The creation of the Gift of Hope Legacy Program utilizes an individual's ability to provide financial support to the INF through sound financial estate planning. It demonstrates support and concern for the profession and its future by allocating contributions to the nursing profession.

This plan involves wills, trusts, legacy donations, bequests, and gift annuities. With the aid of a financial advisor and information obtained from the INF, securing the future of Illinois nursing can be an easy and convenient process.

NURSES IN NEED INITIATIVE

On an individual basis and in response to extreme need situations (i.e., natural disasters), the INF provides relief funds based on the Board's review and approval of each situation.

FELLOWSHIPS

ANNE ZIMMERMAN FELLOWSHIP

Anne Zimmerman served the Illinois Nurses Association (INA) in many roles. She was the Executive Director from 1954-1981 and President of the American Nurses

Association from 1976-1978. She was one of a select handful of courageous women and men who transformed nursing into a respected profession over the last 60+ years.

Anne's leadership in representing nurses and her outstanding collaborative management skills fostered growth at INA. To honor Anne Zimmerman's memory and keep alive her spirit of commitment to promoting leadership within nursing associations, the Anne Zimmerman Fellowship was created. The first Anne Zimmerman Fellow was first awarded in 2005. One recipient developed a retired nurse's network here in Illinois. The project was a wonderful example of how Anne's spirit continues to thrive at ANA-Illinois, the professional association for registered nurses in Illinois.

MOTHER BICKERDYKE AWARD

This award honors a nurse(s) who supports the true spirit of Illinois nursing by preserving its' history, performing exceptional selfless work for Illinois citizens, and exhibiting unparalleled leadership qualities of compassion and dedication. An honorarium/stipend to help fund a project will be determined by the INF Board, pending a proposal review.

GRANTS

The purpose of the Illinois Nurses Foundation Grant Program is to advance professional nursing through projects conducted by registered nurses in Illinois.

The Illinois Nurses Foundation funds grants to registered professional nurses and nursing students to advance professional nursing practice, enhance safe, quality patient care, and promote innovative solutions. The lead applicant (principal investigator/project manager) must be an Illinois resident. If the applicant is submitting the grant request on behalf of a healthcare or educational organization, the organization must have a presence in Illinois. For example, a multi-state hospital system must have at least one hospital or other type of institutional presence in Illinois that will participate in the project, if funded. Likewise, a nursing program in a college or university seeking funds must be located in Illinois.

SEED GRANTS

Seed grants are a special subset of small grants. Monies may be awarded for seed grants for small demonstration projects or background work to qualify for other grant monies, including INF small or large grants. These funds will be limited to \$500. Those who receive seed monies and complete the work specified in the application may qualify later for a small or large grant from the INF.

SMALL GRANTS

Small grant funds (\$1,500.00 or less) are awarded twice each year, in April and October. Grant applications are electronically submitted and are submitted to a blind review process. Clinicians, advanced practice registered nurses, nurse administrators, nurse educators, pre-licensure nursing students, and nurses in RN to BSN, graduate, and doctoral programs are among those eligible for the small grants.

Examples of small grants include:

- Seed grants/funds for nursing practice, education, and research projects;
- Work environment initiatives;
- Quality Improvement initiatives;
- New clinical or educational initiatives;
- Leadership initiatives;
- Patient care initiatives.

LARGE GRANTS

Large grant funds (up to \$5,000.00) are awarded twice each year (April and October). Only one large grant will be awarded in each award cycle. Grant applications are electronically submitted and then submitted to a blind review process. Clinicians, advanced practice registered nurses, nurse administrators, nurse educators, and nurses in graduate and doctoral programs are among those eligible for the large grants. Project or research teams are eligible if at least 50% of the team members are RNs or APRNs and the project leader or co-leader is an RN or APRN.

Examples of large grants projects include:

- Nursing research;
- Quality improvement projects;
- Leadership development in an organization or healthcare system;
- Work environment improvement;
- Clinical projects to expand, improvement, or develop new delivery methods;
- Educational projects;
- Patient care projects;
- Collaborative research or other projects that focus on interdisciplinary or multi-institutional projects.

SCHOLARSHIPS

SONNE SCHOLARSHIP PROGRAM

The Sonne Scholarship Program was created through a generous bequest from the estate of Maybelle Sonne, a retired nurse, who directed that the funds be used to aid those entering a career in nursing. Members in good standing of the Student Nurse Association of Illinois (SNAI) are eligible.

ARTHUR L. DAVIS SCHOLARSHIP

In 2008, the INF developed criteria for a new scholarship for nurses looking to advance their degrees to become nursing faculty to teach in Illinois nursing educational programs. The Arthur L Davis Scholarship is one step towards finding a solution to the looming nursing shortage. This scholarship was made possible through generous donations from Arthur L. Davis Publishing Agency, Inc.

CENTENNIAL SCHOLARSHIP PROGRAM

The Centennial Scholarship is dedicated to promoting diversity in the profession by supporting qualified students majoring in Nursing and who are considered members of an underrepresented category in nursing. These categories are delineated in the Sullivan Report on Diversity (2003).



WENDY K. BURGESS DISTRICT 19 SCHOLARSHIP

This scholarship is dedicated to qualified students majoring in Nursing who reside in or attend nursing schools within the historical boundaries of the INA District 19 (West Cook and DuPage Counties). Nursing schools within these historical boundaries include: Loyola University, Triton College, College of DuPage, Elmhurst College, West Suburban College of Nursing, Benedictine University, and Lewis University.

D21 SCHOLARSHIP

The District 21 Scholarship is dedicated to US veteran nursing students with military service within the past 10 years and/or nursing students employed at the University of Illinois, University of Chicago, City of Chicago, or Stroger Hospital of Cook County.

D2 SCHOLARSHIP

The District 2 Scholarship is dedicated to nursing students enrolled in one of the following programs in nursing: University of St Francis, Joliet Junior College, College of DuPage, and Elgin Community College

NORTH SUBURBAN NURSING SCHOLARSHIP

In honor of the historical INA District 18, this scholarship was developed to assist undergraduate and graduate student schools of nursing located in north suburban Chicagoland schools of nursing. The scholarship is dedicated to qualified undergraduate and graduate students majoring in nursing who are currently enrolled and attending one of the accredited schools of nursing within Northern Cook and Lake County.

SOUTH SUBURBAN NURSING SCHOLARSHIP

In honor of the historical INA District 20, this scholarship was developed to assist students attending nursing schools located in the South Suburban Chicagoland Schools of Nursing. This scholarship is dedicated to qualified students majoring in nursing who are currently enrolled and attending one of the accredited nursing schools within the south suburbs.

ILLINOIS SOCIETY FOR ADVANCED PRACTICE NURSING (ISAPN) SCHOLARSHIP

This scholarship was approved by the 2017-2019 Illinois Society of Advanced Practice Nurses (ISAPN) Board of Directors to establish a means to support nurses wishing to pursue a graduate degree leading to advanced nursing practice (APRN) and APRNs wishing to pursue additional education. Applicants must be an ISAPN member and reside in Illinois or be attending an Illinois college/school.

EVENTS

40 UNDER 40 EMERGING NURSE LEADERSHIP AWARDS

This event recognizes 40 outstanding nurses in Illinois under 40 years of age. The purpose of the award is to celebrate and encourage exemplary dedication to the nursing profession, dedicated service within the community and the promise to grow in leadership for the advancement of nursing in Illinois. The inaugural event in 2015 was from by the Robert Wood Johnson Foundation State Implementation Planning grant received by the Illinois Healthcare Action Coalition.

HOLIDAY GALA & FUNDRAISER

This annual event continues to grow the camaraderie and spirit of giving originally shown by the former INA District 20 members. This annual event is a fun, relaxing evening with dinner, networking, raffles, and silent auction items. It is the culminating annual event for the Foundation and serves as a means of celebrating the work of all nurses in the state including recognition of nurses honored by their peers and the Nurse of the Year. The 2020 Gala was canceled due to the Covid-19 pandemic.

OTHER INITIATIVES

THE NURSING VOICE

The Foundation partners with Arthur L. Davis Publishing Agency to produce a quarterly publication distributed to all licensed registered nurses in the state. Each issue contains reports and content relevant to nurses on a local, state, and national basis. Content selection is guided by nurses appointed to an editorial committee by the INF Board of Directors.

EDUCATIONAL PROGRAMS

Since education is a tenet of the mission, the INF partners with various nursing associations in Illinois to provide diverse educational programs to transform nursing practice and healthcare delivery in Illinois. Each issue of *The Nursing Voice* contains a self-study continuing education article housed on the INF website.

HONOR A NURSE PROGRAM

This program began in 2017 in recognition of National Nurses Week, May 6-12. INF wishes to give individuals an opportunity to honor a nurse who has inspired them, mentored them, or fought for the profession's advancement, stood by them, or deserves recognition for their commitment to their patients, and the work nurses do every day. With a small donation and a brief narrative, those honored are entered as a nominee for the "Nurse of the Year" award awarded during the annual Holiday Gala & Fundraiser.

CELEBRATION OF NURSING YEAR IN REVIEW

In 2017, the INF board produced the inaugural issue of *Celebration of Nursing, The Year in Review*. This book celebrated the Foundation's successes and served as an annual report to the nursing community about the INF activities. In the publication, the top five nurses honored in the Honor a Nurse program and the INF Nurse of the Year are spotlighted. The INF is proud to continue this as an annual publication.

SUPPORT OF STATEWIDE NURSING INITIATIVES

The Foundation has and continues to support initiatives in Illinois that encourage innovation in health care and advance the profession of nursing. In response to the landmark 2010 Future of Nursing report, the INF partnered with other nursing organizations in the Illinois State Action Coalition to implement the report's recommendations in the state. In 2013, the Foundation led the nursing community in achieving a State Implementation Program grant from the Robert Wood Johnson Foundation. The Foundation provided \$36,000 of the \$75,000 matching funds

needed to receive the two-year \$150,000 grant to support the implementation of the Future of Nursing report's recommendations. In 2016, the Foundation collaborated with ANA-Illinois to receive a grant from the Gordon and Betty Moore Foundation to leverage powerful messages from the Lessons in Leadership Speaker Series to inspire frontline nurses, clinicians, and students to cultivate their leadership skills and impact. We have successfully sought opportunities and provided funding for meetings to convene multidisciplinary healthcare groups to discuss health care and workforce concerns facing the state. The Foundation has recently become the fiscal agent for a Public Health Extension Grant that strives to implement successful public health nursing academic-practice partnerships throughout Illinois. We also partner with multiple nursing associations in Illinois to provide continuing education programs through our approved provider unit.

NURSE LICENSE PLATES

In 2014, ANA-Illinois spearheaded a piece of legislation for a nurse specialty license plate. Each plate secures a \$20/year donation to the INF to promote the public's health by advancing the nursing profession in Illinois. As of June 2016, the requirements for the plates' production had been achieved, and funding is received from the State of Illinois in July-August of each year.





NURSES OF THE YEAR

Every year the Illinois Nurses Foundation bestows the honor of “Nurse of the Year” selected from an array of nominations from across the state.

This year, 2020, was to be a year of celebration as it was designated by the World Health Organization (WHO) as the International Year of the Nurse and Midwife. Every single nurse faced the challenge of a global pandemic and has confronted the chaos caused by COVID-19. Each nomination and story, and each picture submitted to the Foundation, showed the courage, dedication, and determination of nurses across the entire state of Illinois. The INF Board concluded that there was no way to recognize only a single nurse to receive the award. For the year of 2020, the Year of the Nurse and Midwife, the decision was made that all Illinois Nurses would be honored as Nurses of the Year.

The Foundation extends congratulations and thanks to all Illinois nurses for continually using your clinical and advocacy skills for patients, families, students, and co-workers during such an unprecedented time. The Foundation applauds your efforts whether you were providing direct care for patients at the bedside or in the community, working as an educator helping students endure the change to online formats, working as an administrator making critical decisions for patients and your staff, providing volunteer services, or any of the multitude of ways each of you have been working through this pandemic.

2021 is a continuation of the Year of Nurse and is a time to rebuild and restore the many things that were put on hold due to COVID-19. The Foundation knows that all nurses, regardless of setting or paid or volunteer positions, will continue to provide the excellent care and advocacy you have for the past year. Thank you for all of your continued efforts, and we look forward to seeing all of the fantastic things nurses will do in 2021.

2020



#YourFavoriteRN



2020 Scholarship Winners

One of the primary functions of the Illinois Nurses Foundation is to provide scholarships to students that have decided to major in nursing or to nurses who are looking to continue their education. \$8500 in scholarships were awarded in 2020.

See previous section for a description and intent of each scholarship

Centennial Scholarship

Choa Sung

University of Illinois at Chicago

Arthur L. Davis Scholarship

Tina Dorau

Illinois State University

D2 Scholarship

Anja Huettemann

University of St. Francis

D21 Scholarship

Sungwon Park

University of Illinois at Chicago

North Suburban Scholarship

Haileyesus Adeye

Oakton Community College

South Suburban Scholarship

Gabriel Holtman

Saint Xavier University

Wendy Burgess Memorial Scholarship

Min Jung Kim

University of Illinois at Chicago

Wendy Burgess Memorial Scholarship

Rebeca Meyer

Loyola University

ISAPN APRN Scholarship

Stephanie Nye

Southern Illinois University Edwardsville



Annual Scholarships
applications are open
January 2 to March 15
each year

<https://www.illinoisnurses.foundation/scholarships>
for further information

Grants Awarded in 2020

IMPLEMENTING A COMMUNITY WOUND CARE PROGRAM SERVING PEOPLE WHO INJECT DRUGS

Michael Huyck BSN, RN-CEN, University of Illinois at Chicago, College of Nursing

People who inject drugs (PWID) are at an increased risk for developing chronic wounds in addition to skin and soft tissue infections (SSTI), which include abscesses and cellulitis. Healthcare access within the PWID community has been traditionally limited due to factors such as poverty, stigmatization, and fear of withdrawal. Consequently, chronic and acute wounds are often left untreated, self-treated, or present to Emergency Departments. The wound care program will increase healthcare access among PWID, expand the provider skillset, increase revenue for the Community Outreach Intervention Project (COIP) clinic, and standardize the provision of care. Evidence-based wound care will increase COIP clinic sustainability and establish a blueprint for addressing wound-related complications related to the opioid epidemic.

AN EXAMINATION OF NURSING PRACTICE DURING THE COVID-19 PANDEMIC

Shannon Simonovich PhD, RN, DePaul University

As an emerging topic, no known study to date has examined nurses' experiences providing bedside care during the COVID-19 pandemic, how their institutions prepared them for working with this infectious disease, and what implications COVID-19 has had on their nursing practice and professional perspective. The purpose of this research is to describe the experiences of nurses during the COVID-19 pandemic and to conduct a thematic analysis to understand better the long-term impacts of the pandemic on the nursing profession and implications for public health. We hope what we learn will lead to an understanding of the pandemic's long-term impact on the nursing profession and the health of our communities. It is possible that the research may help to inform guidelines and policy in the future.

DEVELOPING A NATIONAL SCHOOL NURSE CURRICULUM: PRIORITIZING KNOWLEDGE DOMAINS

Catherine Yonkaitis DNP, RN, MCSN, PHNA-BC, University of Illinois at Chicago, College of Nursing

Specialty knowledge is required for nurses to care for the physical, mental, and social needs of school-aged children, their families, and the school community. States, like Illinois, require certification or licensure to ensure nurses practicing in schools have the requisite preparation. However, there are no standardized education guidelines to assist states in establishing basic school nurse preparation requirements. The lack of guidelines has resulted in wide variation in the content, competencies, and program outcomes of school nursing certificate programs, which in turn, creates confusion over what employers can reasonably expect in a school nurse. Ultimately, this has implications for the quality of care delivered in school settings.

EXPANDING ACCESS TO NURSE-LED CARE FOR JUSTICE-INVOLVED PEOPLE

Charles Yingling DNP, FNP-BC, FAANP, University of Illinois at Chicago, College of Nursing

Incarceration negatively affects the health of incarcerated people. Post-incarceration, individuals face significant health challenges due to the nexus of unmet health needs, mistrust in the health system, and difficulty accessing care. The UIC College of Nursing (UIC Nursing) and Safer Foundation partner to improve the health of justice-involved people. Safer Foundation operates two Adult Transitional Centers (ATCs) that provide housing and supports for community re-integration to ex-offenders. UIC Nursing provides primary care services to ATC residents at our nurse-led health center. Concurrent with our practice initiatives, UIC Nursing faculty and students conduct health education programs for ATC residents. This program will impact nursing practice by demonstrating an effective model for autonomous RN practice and will impact nursing education by providing training opportunities for RN students seeking roles in community health.

40
under forty

2020 Emerging Nurse Leader Awards



Hiba Abbas
BSN, RN



Ma. Eliza Michaela Alcantara
BSN, RN



Blanca Gabriela Alvarez
BSN, RN, CDE



Linda Anders
MBA, MSN, RN, CSRN



Anna Baboulas
DNP, APRN, FNP-BC



Elisabeth Barrett
DNP, APRN, FNP-C, CNL



Mackenzie Elaine Bauhs
BSN, RN, CWON, CMSRN



Kathryn C. Booth
MSN, RN, CNL



Emily Brey MSN, RN, APRN,
AGCNS-BC, CDE



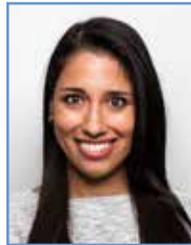
Katherine Bulthuis
MSN, APRN, CCNS



Minsueng Chu
DNP, APRN, FNP-BC



Maura Conlin
BSN, RN



Veronica Galvalisi
MSN, APRN, FNP



Stacy Gilbert
BSN, RN



Christy Gomez Hupe
DNP, APRN, ACNP



Thao Griffith
PhD, RN



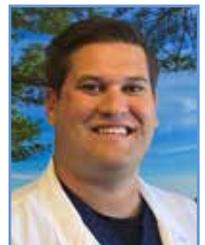
Anabel Guzman
MSN, RN



Joseph J. Hernandez
BSN, RN



Thomas Houchins
DNPc, RN, CCRN



Greg Jennings
MSN, APRN, FNP-C

One of the 40 Under 40 Award's primary purposes is to engage, support, and develop the next generation of Illinois Nurse Leaders. The planning committee was honored to acknowledge fellow nurses who are known change agents that help shape policy statewide and beyond. The efforts of the 2020 recipients served to expand and grow nursing practice and empower our communities.



Nathanael Karch
DNP, RN, PCCN-K



Amy Kiefer
MSN, RN



Amanda LaMonica-Weier DNPc,
MSN, RN, MAT, CMSRN, CNL



Raymond Ledda
MSN, RN, CRRN



Jennifer Love
MBA, BSN, RN, TNS, CEN



Teena Mathew
MSN, RN, CCRN



Sara McPherson
PhD, MSN, RN



Lindsey Walker
BSN, RN, SCRNP



Caitlin A. Murphy
DNP, APRN, FNP-BC, AOCNP



Emma Oanes
DNP, APRN, FNP-BC, OCN



Jaylen Carmen Perez Guzman
BSN, RN



Isis R. Reyes
MSN, APRN, AG-ACNP-BC



Brianne U. Riley
MSN, RN, CNL, OCN



Alexandra Sophia Sontag
DNP, MSN, APRN, CNL, FNP-BC



Thomas Tockey
MSN, RN, CMSRN



Susan Tracy
MSN, RN



Chrisrose Vadakara
APRN, FNP-C



Bernard Vonderhaar
DNP, APRN, PMHNP-BC



Rebecca Vortman
DNP, RN, CNOR



Kristen Zambetti
MBA, MSN, RN, CBC

PUBLIC HEALTH NURSE LEADERS PROJECT UPDATE

With the expansion funding from the Robert Woods Johnson Foundation for 2018-2019, the Illinois Public Health Nurse Leaders workgroup expanded the number of partnerships throughout Illinois to include MSN students in addition to BSN and RN-BSN students. The Illinois Nurses Workforce Center (INWC) continues to support the projects, and the Illinois Nurses Foundation continues as the project fiscal agent. Although work was altered due to the pandemic, progress was still made. The workgroup held a conference in March, and a webinar was offered in October.

Return on Investment, Partnerships Add Value

A successful conference was held by the Illinois Healthcare Action Coalition (IHAC) Public Health Nurse Leaders Workgroup on March 12, 2020. Dr. Patti Scott, DNP, RN, PNP, NCSN, Consultant, Office of Primary Prevention, Tennessee Department of Health, presented the keynote address: *Bedside to Boardrooms and Beyond: The Value of Partnerships*. The conference format was shifted at the last minute. As we look back, March 12 was when Illinois was starting to deal with the pandemic. During this time, employers were beginning to initiate travel restrictions. Employees were first asked to work from home. Local health departments were increasing disaster plans that had begun weeks before, and schools of nursing were canceling clinical and transitioning students to hybrid classes. In the 24 hours before the conference start time, we transitioned



to most registrants and some of the presenters attending via zoom and not in-person. Our host, McKendree University in Lebanon, Illinois, welcomed us to the day-long event, and we had the foresight to schedule the keynote and morning sessions to also be broadcast via zoom.

Our hosts, McKendree University, welcomed us at the Hettenhausen Center for the Arts, easy access, parking, catering, and an excellent IT team that partnered with the Illinois Nurses Foundation staff. This picture is L-R, Dr. Jan Albers, MSN Program Director, and Dr. Richelle Rennegarbe, Nursing Division Chair.

The morning presentations included academic-practice pilot project presentations with Robin Hannon, MSN, RN as panel moderator. Dr. Melodie Rowbotham, SIUE, presented on the breastfeeding-friendly initiative, and Dr. P. Ann Solari-Twadell, Loyola University of Chicago, Niehoff School of Nursing, presented with students about the nurse internship in primary care nursing, serving the underserved.

The afternoon began with a panel discussion: Aligning to promote outcomes: building collaborative workforce development through academic/practice partnerships: panel discussion. Presenters: Dr. Jan Albers, McKendree University and Telligent grant PI, partners: Rhonda Andrews-Ray, ED/Public Health Administrator Southern 7 Health Department; Angie Bailey, MPH, MS, Ed, CHES System Director for Community Health, Community Benefits, SIH, Southern Illinois Healthcare; Angie Charlet, DBA, MHA, RN, Illinois Critical Access Hospital Network and Linda B. Roberts, MSN, RN, Illinois Nursing Workforce Center. The



L-R: Dr. Krista Jones, UIC-Champaign and planning committee; Dr. Patti Scott, keynote speaker; Dr. Jan Albers, McKendree University and planning committee; and Robin Hannon, MSN, RN, St. Clair County Health Department, RWJF grant PI and planning committee lead.



partnerships were between Illinois Critical Access Hospitals and local county health departments and McKendree University students – who received a scholarship.

The day ended with Mark Peters, MS, Executive Director HEALTHIER TOGETHER, who created a culture of health in southwest Illinois through collective impact.

The panels of nurse leaders and experts from partnerships in Illinois focused on lessons learned from successful and sustainable collaborations between local health departments or community agencies and schools of nursing and student nurses. The presenters shared how they positively impacted deliverables for the agencies while they gained experience in population health. These projects were supported by mini-grants funded by the Robert Wood Johnson Foundation (RWJF). Participants and presenters were able to explore innovative public and community health nursing academic-practice partnerships. All participants received CE credits from ANCC.

Public Health Nurses Advocating for Public Health Nursing: Creating Change

How do we engage with the community and legislative members to provide information, to grab their attention to recruit and retain public health nurses while replenishing state and local coffers depleted by the pandemic? How do we explain public health nursing in terms that demonstrate the importance of this moment? How do we provide specific information that people will remember about public health nursing?

Generations of nurses have been educated to be patient advocates. Nursing has changed from an acute care focus, expanding advocacy to communities, populations, regions, nations. Nurses must be a collective voice, speaking out

loud and often backed up with data and testimonials. Use the visibility of the COVID-19, SARS-2 virus pandemic to illustrate the value of public health and public health nursing.

On October 29, the Illinois Public Health Nurse Workgroup presented a one-hour webinar to showcasing strategies to put the “V” in advocacy. Strategies on how to be a collective voice targeting your local elected leaders to increase the number of public health nurses and improve our neighborhoods. This one-hour webinar provided a map for you to use to address issues in public health nursing: before, during, and after a pandemic. It is time to be visible voicing the value of public health nurses.

This webinar was supported in part by the Robert Wood Johnson Foundation (RWJF).



Robin Hannon, MSN, RN



Karen Kelly,
EdD, RN, NEA-BC



Glenda Morris Burnett,
PhD, MUPP, RN

Presenters:

- Robin Hannon, MSN, RN, RWJF Public Health Nurse Leader – Illinois; Administrative Adviser, SCCHD, Retired Nursing Director St. Clair County Health Department.
- Karen Kelly EdD, RN, NEA-BC, Retired Nurse Educator, Former Nurse Executive, Always a Nurse Advocate.
- Glenda Morris Burnett, Ph.D., MUPP, RN, Rush University, College of Nursing, Assistant Professor, Department of Community, Systems and Mental Health Nursing





INF Participates in the “Great Run Across Illinois” Challenge

In 2017, the American Nurses Association (ANA) launched a new Healthy Nurse, Healthy Nation (HNHN) program. The program is based on the ANA's belief that because nurses serve as role models, educators, and advocates for patients, nurses' well-being is fundamental to the health of our nation. The primary goal of the HNHN movement is to improve the health of our country by improving the health of the nation's four million registered nurses. HNHN aims to connect individual nurses to partner organizations to promote nurses' health in sleep, activity, nutrition, quality of life, and safety.

Since its inception, both the Illinois Nurses Foundation (INF) and the American Nurses Association Illinois have supported the HNHN program's goals. However, during Summer 2020, INF became more deeply involved in promoting the goals of HNHN. In a partnership with the association "All Community Events," Illinois nurses had the opportunity to participate in a virtual relay run, "The Great Run Across Illinois."

Participants aimed to run the distance across Illinois virtually; either the 210-mile challenge to complete the distance east to west or the 390-mile challenge to complete the distance north to south. Nurses could participate either solo or as a member of a team. Because of the pandemic, participants ran in their own neighborhoods but logged the miles they ran toward the 210 mile

or 390-mile goals. Individuals had 70 days, and teams had 30 days to complete their goals.

If a nurse participated as a team member, each team member's cumulative distance counted toward the achievement of the goal. Following their registrations, participants were mailed tee-shirts with the "Great Run Across Illinois" logo. Certificates were awarded to participants who met their goals. Molly Moran, state-wide lead for HNHN – ANA Illinois, stated, "We realize that not everyone is a runner or has a structured fitness routine. Trying to find a place to start can be overwhelming, and so we wanted to give our members ideas on how to incorporate more physical activity in their daily life." The Great Run Across Illinois provided this opportunity.

When an individual or team registered for the run, they could pick a charity they wanted to support because INF was one of the possible charities. Nurse participants were encouraged to choose INF as their partner for the run. Charities that partnered for the run received 10 percent of the proceeds from the race. We are proud to announce that 1,397 nurses registered for the event. As a result, \$4,615 was awarded to the INF. In addition to the funds raised, the nurse participants furthered the INF and ANA-IL goal of encouraging nurses to adopt healthy habits that lead to lifelong improvements in their health and wellness.

Thank You for Your Service and Support of the INF

We thank the following five outstanding volunteers for their service to our Illinois Nurses Foundation (INF) Board of Directors and INF Advisory Council. They have all played instrumental roles in guiding our mission with their insights and unique expertise. All five of them have in common their dedication to the nursing profession and the nurses of Illinois. We are grateful for their generosity and the combined thousands of hours they gave to the INF.

Mary Ann Tuft MA, CAE, served on the Advisory Council since its inception in 2007 and helped to re-energize the Council in 2016. Mary Ann shared with the Council her expertise in non-profit management and succession planning. Before founding Tuft & Associates in 1988, Mary Ann served from 1970-1985 as the executive director for the 35,000-member National Student Nurses Association.

Nancy Brent JD, MS, RN, served on the Advisory Council for three years and will continue as an Editorial Committee member. Ms. Brent is a nurse attorney in her own solo law practice in Wilmette, IL.; she concentrates her practice in education, consultation, and the defense of healthcare providers (mainly nurses) before the Illinois Department of Financial and Professional Regulation. She has published and lectured extensively in the area of law and nursing practice.

Stephanie Yohannan DNP, MBA, RN, NE-BC, served on the board for two years as a director and ANA-Illinois Board representative. Stephanie also served on the 40 under 40 Emerging Nurse Leader Awards planning committee. As a previous awardee, she has helped the Foundation maintain a peer-to-peer review of all nominations.

Catherine Neuman MSN, RN, served on the board since 2003 as a director, treasurer, and most recently as secretary. Cathy brought a wealth of knowledge to the board after having served for over 30 years as a chief nursing executive and a long-term hospital licensing board member. Cathy always assured that the voice of nurses living in the southern portion of the State was heard and valued.

Maria Connolly Ph.D., APRN, CEN, FCCM, ANEF, served on the board for nine years as a director. Maria's fundraising experience and a passion for the profession made her an invaluable member of the board. She has been active in nursing education and the accreditation of nursing programs process for years.

Thank-You Committee Members

During the past year, the following individuals have shared their time, talent, and expertise with the Illinois Nurses Foundation through committee work. Their dedication and continued support of various programs and projects help assure the success of the INF in achieving its mission.

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Thank-You for Your Support

We would like to recognize and thank the following donors who were instrumental in helping us achieve our goals in 2020. Because of their general support we awarded over \$12,000 in scholarships and \$10,000 in grants through our new grant program.

Lisa Anderson Shaw

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Off Duty

For Nurse Angela Gorazd, INF Advisory Committee Member and a Nurse Practitioner in southern Illinois, wine is in her blood. Angela Gorazd and her husband Steve own and run Hidden Lake Winery located in Aviston, Illinois.

Hidden Lake Winery and Banquet Center is situated in Silent Forest, a wooded parcel of land abounding in local lore. These woods have been well known to those who hunt deer and forage for wild mushrooms. Bootleggers hid their still back in these woods to dodge the revenuers in the early 1900s. Legend has it that Indian spirits can be seen to roam here at night accompanied by the songs of frogs, crickets, owls, and distant coyotes. Aviston, IL, has been a wine-producing region since the turn of the century.



On May 26, 2018, a nurse's night out party was hosted at the winery, where the wine was introduced to the public for the first time. Nurses from the area came to enjoy the wine and the company of other nurses. Staff wore t-shirts with Angela's favorite phrase- someday a nurse will save your life, and you will never know it- enjoyed live music, chocolate cake, and OFF DUTY. On May 26, 2018, a nurse's night out party was hosted at the winery, where the wine was introduced to the public for the first time. Nurses from the area came to enjoy the wine and the company of other nurses. Staff wore

t-shirts with Angela's favorite phrase- someday a nurse will save your life, and you will never know it- enjoyed live music, chocolate cake, and OFF DUTY.

The wine has been a big hit- it is selling, and people love it, and for every bottle sold, \$3.00 is donated to the ILLINOIS NURSES FOUNDATION. Now, when they are "off duty" they have a wine to enjoy that was made just for them. OFF DUTY is available for purchase at the winery, 10580 Wellen Rd., Aviston, IL 62216 and online at

https://vinoshipper.com/shop/hidden_lake_winery/off_duty_24,413

Phone: 618-228-9111 info@hiddenlakewinery.com





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