

AWARD
CARING
SAFE

EDUCATORS **COMPASSION**
ILLINOIS NURSES FOUNDATION **ETHICAL**
DEDICATED **COMMITMENT**
ACCOUNTABLE **LICENSE PLATES**
THEAPUTIC **PASSIONATE**
TEAMWORK **HONOR A NURSE**
SELFLESS **INTEGRITY**
HUMILITY
RESPECTFUL
COMMUNITY

CELEBRATION OF NURSING

YEAR IN REVIEW - 2021

HONOR A NURSE HUMILITY COMMITMENT AWARDS SAFE HOLIDAY GALA

PATIENT INSPIRATIONAL CARE CARING

**SAFE
EDUCATORS
INTEGRITY
EDUCATION**

**ILLINOIS NURSES FOUNDATION
THERAPEUTIC
TEAMWORK
SCHOOL**





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President's Message

My president's reflection on INF in 2020 started with these words: "2020 caught the world by surprise. The COVID-19 pandemic hit and hit hard and fast; life as we knew it changed, and no one could have predicted how it would affect healthcare and nursing." As I reflect on 2021, I could say some of the same words. No one expected the pandemic to be still controlling so many aspects of our lives and healthcare. We had seen the introduction of the vaccines, then boosters, and now more boosters. We have seen the wave of Delta and then Omicron. What is next?

What has been constant is the work of nurses. Acute care settings have adjusted; adjusted to staffing with the ever-growing nursing shortage. Nursing schools have moved back and forth between clinical vs. simulation clinical and made changes to nursing education that are here to stay. This type of call to action is not new to nursing; the profession has played major roles in stepping into times of crisis to provide care and innovation that has saved lives and reduced suffering.

The IL Nurses Foundation (INF) has also taken 2021 to reflect and make changes to support our vision, mission, and purpose. Early in 2021, we recognized a need to develop a strategic plan to carry us into the next generation of the INF and optimize the Foundation. Since its inception, the Foundation has steadily grown and reached more and more nurses and nursing students in IL. With growth comes decision-making and changes in processes. What has worked for years may not be the best for the future of the Foundation. The INF BOD contracted with a consultant to assist the BOD in looking at where we are, where we were, and where we want to go. At this point, the Foundation has begun to transform itself to continue to collaborate with community partners in promoting the health of the public by supporting nurses through charitable research and educational initiatives. Our mission and vision have not changed but have become stronger through 2021.

Together, the INF, with its donors, provided \$13,500 in scholarship support to current nursing students and supported two new grants to nurses and nurse educators to advance professional nursing practice, enhance safe, quality patient care, and promote innovative solutions. We were able to virtually celebrate and highlight 40 Emerging Nurses under 40 who are impacting health care and the nursing profession today and who, undoubtedly, are shaping the profession's future.

In Spring 2021, we were able to publish a book to let the public know what it was like to be a nurse or a patient during the pandemic. *Stories From Within: Nurses, Patients, Families, and Doctors Share Their Pandemic Experience* (available on Amazon.com). Additionally, the publication allowed for an ongoing economic resource for the Foundation.

December 2021 allowed for the return of the annual Holiday Gala and Fundraiser. The difference was that it was our first virtual Gala. Our annual Gala has traditionally been one of our largest fundraisers, and 2021 proved to follow our history with us raising our largest profits of over \$15,000 through the Gala tickets, online virtual silent auction, and raffles. The Foundation thanks every donor and Gala/Auction participant for their continued support of the Foundation. We thrived in 2021 in continuing to support the nursing profession - thank you for joining us on this unprecedented journey!

As we look to the future of the nursing profession, we know that awarding student scholarships, grants, and scholarly initiatives will continue. Your support of the INF will allow Illinois nurses the opportunity to give economic value and power to their values of caring, concern, and compassion.

Please consider [a gift to the INF for scholarships, research grants, or honor a nurse](#). If you are interested in creating an endowed scholarship or grant or wish to include the INF in your estate plans, please Susan Swart (INF Executive Director) at syswart@ana-illinois.org. Your gift will show your recognition of nursing as the cornerstone of quality health care.

Thank you,

Cheryl Anema

Cheryl Anema, Ph.D., RN
President
Illinois Nurses Foundation



ILLINOIS NURSES FOUNDATION

DONATE TODAY
Inspire Nursing Tomorrow

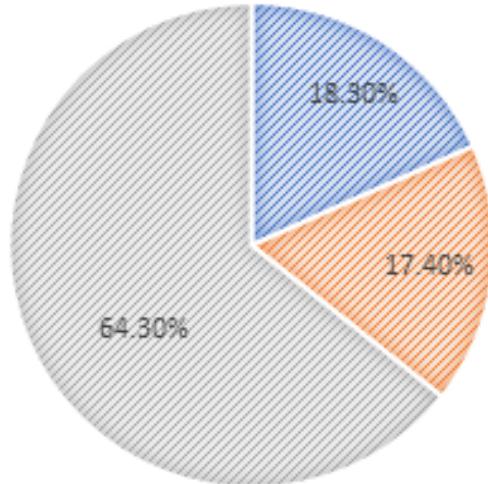


Fiscal Year 2021 Financials

■ Fundraising ■ Administrative ■ Programs

In the fiscal year 2021, the Illinois Nurses Foundation (INF) spent 64.3% of its operating expenses on nursing programs, 17.4% on administration, and 18.3% on fundraising. All program spending is directly for Illinois nurses and their educational and research needs.

Since 2003, the INF has funded \$107,825 in scholarships to over 97 undergraduate and graduate student nurses.



PUBLIC SUPPORT AND REVENUE

Contributions	\$ 18676
Grants	\$ 0
Meetings, Workshops, and self-study	\$ 101
Special Events	\$ 5575
Royalties	\$ 24980
Other	\$ 485
Total Public Support and Revenue	\$ 49817

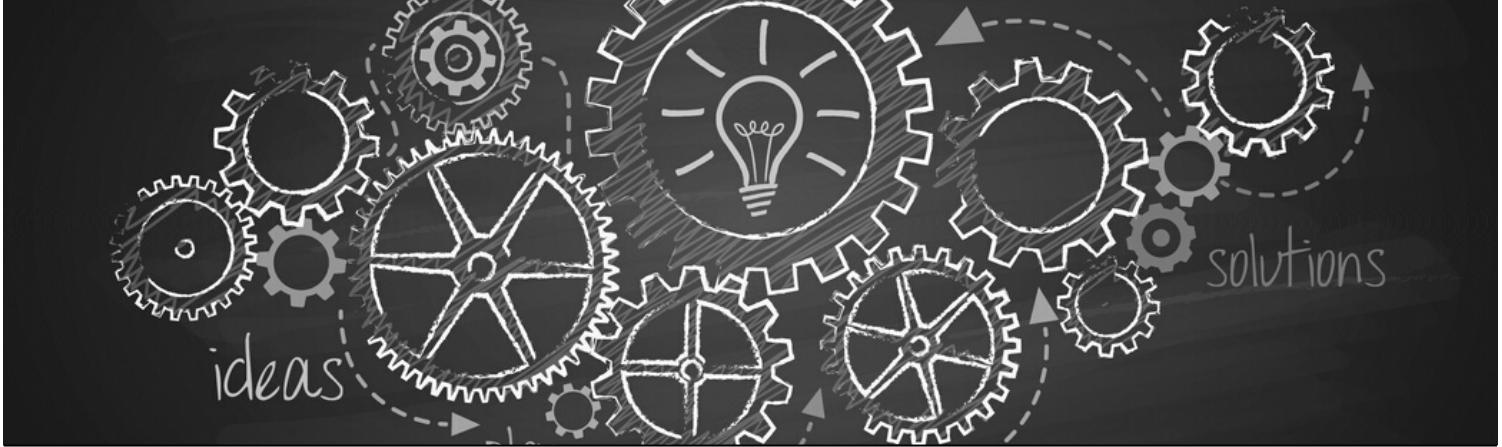
OPERATING EXPENSES

Program	\$ 38,782
Administrative	\$ 10,485
Fundraising	\$ 11,055
Total Operating Expenses	\$ 60,322
Change in Net Assets from Operations	\$ (4,005)

OTHER REVENUE

Interest and dividends	\$ 30,922
Unrealized and realized gains on investments	\$ 67,812
Total Other Revenue	\$ 98,734

Change in Net Assets	\$ 88,229
Net Assets, Beginning of Year	\$571,582
Net Assets, end of year	\$659,811



Where We Want to Go

Our Vision and Purpose

The INF vision:

"Developing the nursing profession to transform healthcare in Illinois."

The INF's purpose is to collaborate with community partners in promoting the health of the public by supporting nurses through charitable, research, and educational initiatives.

Findings

In 2021, our consultant set out to discover how committees collaborate with each other and play a role in the mission of the Foundation. Our findings will lead us to a stronger future.

The INF is truly a passionate, caring group of nursing professionals who want to make a difference in the profession. These individuals have sincere respect for the founders of the INF and are appreciative of the journey they embarked on when creating the Foundation.

Scholarships and grants, 40 Under 40, and Honor a Nurse are very important endeavors to the INF. All interviewed want to see the INF reach its potential

across the state of Illinois, and there are many viewpoints on how to achieve this: some believe the way is through awarding more grants and scholarships, others reference the importance of the financial stability of the Foundation, and remaining individuals stated it is through the events that take place. All agree that more people are needed to make all these pathways a reality.

It is important to remember that every person has five basic needs that must be met in their professional and volunteer work:

1. To be respected
2. To learn and grow
3. To be an 'insider'
4. To do meaningful work
5. To be on a winning team.

When these needs are met, people, committees, chairs, and board members become the passionate, committed, action-orientated person the INF wants for success.

INF learned that some of the most important priorities include:

- Recognition and awareness of the INF's mission
- Succession planning and recruitment of new board members with diversity in mind (skill sets, people, and professions); expand the board with new, experienced professionals.
- Recognize nurses as well as the profession itself. • Increased communication and collaboration
- More effectively engage the broader nursing community as well as the external communities.
- Fundraising

These priorities resonated with members throughout the interview. The INF wishes to be known for scholarship and grants, education, and leadership while ensuring it is action-orientated combined with trust and respect.

Amplifying the Illinois Nurses Foundation

A desire to create an action-orientated culture that revitalizes and reenergizes board and committee members provides leaders with a better picture of their roles and responsibilities and instills a greater sense of accountability.

In June, the board of directors adopted a model with pillars representing our three priorities based on an action-oriented culture rooted in trust and respect. The next step was to establish a small task force empowered to drive the efforts. The Taskforce has been hard at work making recommendations to the board on a timeline to execute the strategic plan and create measurable goals. By becoming more intentional with planning and thinking about the future, philanthropy success will flourish.

Goals and a year-long timeline has been developed focusing on the following areas:

- Culture & Climate
- Leadership
- Scholarships & Grants
- Education

At each meeting, the board will REFLECT & REVIEW

- What has been accomplished and CELEBRATE!
- What has not been accomplished and WHY?
- What other resources are needed?
- What needs to be adjusted.



2021 Grants

CLINICAL JUDGMENT IN NEW GRADUATE NURSES: ADVANCING THE SCIENCE OF PRE-LICENSURE EDUCATION - Julie Kennedy PhD, RN, CMSRN

Current evidence reflects that new graduate nurses are not fully prepared to be successful in the practice environment. The purpose of this research study is to evaluate new graduate nurses' clinical judgment upon transition to practice. This study will begin in the summer of 2021 after IRB approval and approval from appropriate health care organizations. Data will be collected through e-mailed surveys from nurse leaders in the area. Data will include an evaluation of clinical judgment using an established rubric along with open-ended questions to provide further depth and context. Data collection will continue until an appropriate sample size is met with an estimated completion time of early fall 2021. An expert statistician will assist in analyzing the quantitative data. The qualitative data will be analyzed by two experienced researchers. Findings from this study will facilitate identification of more effective teaching strategies for pre-licensure nursing students' preparation for practice generating further scholarship. These findings will be disseminated through publication and/or presentation within a year of beginning the study, and will assist other nurse educators in identifying appropriate interventions for their pre-licensure students as well.

NURSE BURNOUT, COLLECTIVE EFFICACY AND THE SOCIAL NETWORK OF A UNIT – Amy Kiefer MSN, RN

Background: Burnout affects greater than 50% of healthcare workers, with a higher prevalence found in newly licensed nurses, leading to a lower quality of patient care, higher reported missed care, and medication errors. Burnout is a syndrome caused by organizational stress and is characterized as feelings of exhaustion, cynicism, and inefficacy. Research has explored burnout at the individual level, and little is known about how unit-level variables affect or are related to burnout. The purpose of this study is to examine the effects of unit-level collective efficacy and nurses' social network on burnout.

Methods: A descriptive, cross-sectional, survey method will be used to assess 75 interprofessional providers on a unit at a 547-bed, level I trauma center in the Midwestern United States. Data will be collected using surveys and analyzed using social network analysis and linear and multiple regression. The estimated timeline for this project is from July 1st, 2021 through June 30th, 2022.

Results: The findings from this study will help identify how interprofessional interactions, social support, and collective efficacy with nurse burnout. Potential implications for practice changes include creating interventions that strengthen interprofessional communication, daily interactions, and support. This study aims to identify how decreasing burnout may increase the efficacy of healthcare providers on the unit,

2021 Grants

NURSING ADVOCACY IN THE ERA OF COVID-19: CREATING CHANGE

On February 24, the Illinois Public Health Nurse Workgroup presented a one-hour webinar to teach nurses how to engage with the community and effect change in public health policy. Many nurses are not actively involved in advocacy efforts. Especially during this pandemic, nurses need to be advocates for their patients and communities, including families & friends, workplaces, neighborhoods, churches, cities, counties, states, nation, and their profession. While nurses learn the basics of patient advocacy in their educational programs, the current pandemic environment calls for specialized advocacy skills that focus on a wide range of communities.



Robin Hannon MSN, RN



Karen Kelly EdD, RN, NEA-BC



Glenda Morris Burnett PhD, MUPP, RN

Presenters:

- Robin Hannon, MSN, RN, RWJF Public Health Nurse Leader – Illinois; Administrative Adviser, SCCHD, Retired Nursing Director St. Clair County Health Department.
- Karen Kelly EdD, RN, NEA-BC, Retired Nurse Educator, Former Nurse Executive, Always a Nurse Advocate.
- Glenda Morris Burnett, Ph.D., MUPP, RN, Rush University, College of Nursing, Assistant Professor, Department of Community, Systems and Mental Health Nursing
- Linda B. Roberts MSN, RN

The program was supported by
ANA – Illinois
Illinois Nurses Foundation
Illinois Nursing Workforce Center
Illinois Public Health Nurse Leadership Workgroup
Robert Wood Johnson Foundation

Applications for INF Scholarships are open January 2 - March 15 each year

One of the primary functions of the Illinois Nurses Foundation is to provide scholarships to students that have decided to major in nursing or to nurses who are looking to continue their education. \$13,500 in scholarships were awarded in 2021.

2021 Scholarship Recipients

SCHOLARSHIP	NAME	SCHOOL/COLLEGE
CENTENNIAL	ISABELLA ALBERTONI	CHAMBERLAIN UNIVERSITY
CENTENNIAL	BARBARA GAYDASCH	CHAMBERLAIN UNIVERSITY
CENTENNIAL	MONICA TERRAZAS	DEPAUL UNIVERSITY
CENTENNIAL	RYLEE CAMP	ILLINOIS STATE UNIVERSITY
ARTHUR L DAVIS	TAMARA BOLL	UNIVERSITY OF NEVADA
D2	BRYANNA GUENESS	UNIVERSITY OF ST FRANCIS
D21	JOCELYN CARBAJAL	CHAMBERLAIN UNIVERSITY
NORTH SUBURBAN	ALEXANDRIA EPPERSON	NORTHERN ILLINOIS UNIVERSITY
SOUTH SUBURBAN	JOANNA SIECZKA	ST XAVIERS UNIVERSITY
WENDY BURGESS MEMORIAL	NOELL CARRILLO	ELMHURST UNIVERSITY
SONNE	ERIN BATEMAN	MALCOLM X COLLEGE



EMERGING NURSE LEADER AWARDS

The 40 Under 40 Award's primary purpose is to engage, support, and develop the next generation of Illinois Nurse Leaders. The planning committee was honored to acknowledge fellow nurses who are known change agents that help shape policy statewide and beyond. The efforts of the 2021 recipients served to expand and grow the practice of nursing and empower our communities.

2021 Emerging Nurse Leaders



Gina Barasa MSN,
BSN, RN, OCN



Mallory Bejster
DNP, RN



Seon Yoon Chung
PhD, RN, CNE,
CHSE



Dorota Czernecki
DNP, APRN,
AGACNP-BC



Abigail Falbo
MSN, MBA, RN,
CMSRN, NE-BC



Molly Gabaldo
BSN, DNPc, RN



Jessica Giangiorgi
MSN, RN, CMSRN



Renee Hansen MSN,
APRN, AGACNP-BC



Joi Henry DNP,
MSN, RN, CNL



Emily Hill BSN,
RN, CEN, CCRN



Chelsea Howland
PhDc, MSN, RN



Sarah Marie
Innocenti RN, CNL



Callie Johnson RN,
CNL



Martha Kanthak
BSN, RN



Terese Knaake
DNP, BA, RN



Megan Koth MSN,
RN, NPD-BC



Biyyiah Lee BSN,
RN, PAHM



Caitlin Marion MSN,
RN, CPN, CNEc1



Jennifer Mata
Gomboa BSN, RN



Febin Mathew
MSN, APRN,
FNP-C

2021 Emerging Nurse Leaders



Rebecca Murphy
DNP, MBA, RN,
CNOR



Patricia Nabal DNP, Monica Najera BSN,
RN, FNP



Kimberly Ramos
MSN, RN,
MEDSURG-BC,
NPD-BC



Amanda Peacock
DNP, APRN,
AGPCNP-C



Emma Chase
Poland MSN,
RN, CNL



Tiffany Ponder
MSN, RN



Kaleigh Powers
MSN, RN, CNL,
RN-BC



Jacqueline Shanks
DNP, APRN, FNP-C



Danielle Ready
MSN, RN, CNL,
OCN, BMTCN



Ashley Roché
MSN, RN, CNL,
CCRN



Emily Cypress
Salans MSN, MSN,
RN, CEN, CPEN,
CNL, IL
Adult/Adolescent
(SANE)



Ebony Scott BSN,
RN



Jacqueline Shanks
DNP, APRN, FNP-C



Shannon
Simonovich PhD,
RN

Kathleen Soso
MSN, RN,
CPSN-R, CNE,
ISPN-F



Kirsten Warner
MSN, APRN,
AGCNS-BC,
CNEcl, CNL,
CMSRN



Nicole Walkowiak
BSN, RN, CRRN,
CWOCN



Ashley Whitlatch
MSN, APRN, FNP-
BC



Myecia Williams
DNP, APRN, FNP-
BC



Jessi Williams
MSN, RN,
CMSRN

Champion for Nursing Awards

This was the first year that this award was presented. Its purpose is to recognize outstanding support and advocacy on behalf of the INF and the nursing profession in Illinois, including, but not limited to, providing support to and participation in programs of the INF, ANA-Illinois, and its organizational affiliates, or to Illinois nurses and nursing at large.

Our first recipient was Laurie Anema for her dedication and role as the INF Holiday & Gala Fundraising Committee co-chair. She donated endless hours in procuring many of our auction and raffle donations. She has also served on our INF Scholarship committee. Our 2nd Champion of Nursing, Mary Ann Tuft, founder and chair of Tuft & Associates, has supported nurses, nursing students, and the INF in many ways. She is a strong financial supporter of the Foundation and was instrumental in helping to establish the first INF Advisory Council.

Our final Champion of Nursing award went to the Arthur L Davis Publishing company. The Publishing company has worked with the INF in the production of the Nursing Voice since 2013. They have also been a financial supporter and have always supported our Foundation events.

2021 NURSE OF THE YEAR AWARD

The Nurse of the Year Award went to Kim Cannon RN who works with developmentally disabled adults at Murray Center, a state-operated developmental center in Centralia, IL. Her nominator attributed Ms. Cannon's assessment skills to saving her autistic son's life.

Runner-up was Betty Van Engen RN who has been providing mission services primarily at Hospital Vozandes Quito for 43 years in Quito, Ecuador.

Congratulations

Thank you to our Donors

Lisa Anderson Shaw
Cheryl Anema
Laurie Anema
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Carol Warfield
Patricia Wienski
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Lauren Wojtkowski

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