

**PLEASE CIRCLE THE CORRECT ANSWER**

1. What is the "Caregiver Advise, Record, and Enable Act" that became effective on January 27, 2016?
  - a. It gives admitted patients or their legal representative the right to elect a caregiver before the patient's discharge from the healthcare facility for after-care services.
  - b. It reduces admitted patients' or their legal representative's right to elect a caregiver before the patient's discharge from the healthcare facility for after-care services.
  - c. It only gives admitted patients the right to elect a caregiver before their discharge from the healthcare facility for after-care services.
  - d. None of the above
  
2. Which statement is False
  - a. Hospital discharge planning is not part of the Nurses Scope of Practice
  - b. Patients want to be more involved in making decisions regarding their care
  - c. Hospital discharge planning is very complex and entails a number of steps leading to the discharge, the discharge, and even after to manage the patient's care
  - d. All are true
  
3. Which of the following is considered as potential "strengths" of this policy?
  - a. Sense of autonomy
  - b. Patient-centered approach
  - c. Reduces patient anxiety
  - d. All of the above
  
4. Which of the following is considered as potential "weaknesses" of this policy?
  - a. It doesn't have any criteria for caregiver evaluation
  - b. Ineffective training systems
  - c. A and B
  - d. None of the above
  
5. Which is listed to have the biggest political influences on this policy?
  - a. Health insurance organization
  - b. Home care organizations
  - c. Medicare and Medicaid
  - d. All of the above

6. This policy can affect hospitals financially by increasing readmission rates. How do increases in readmission rates affect the nursing profession?
  - a. Increases workload
  - b. Increases nurse satisfaction
  - c. Increases staff retentions
  - d. Decreases work hours
7. Which requirement in the Caregiver Advise, Record and Enable Act directly challenges ANA's positional statement on "Addressing Nurse Fatigue to Promote Safety and Health"?
  - a. "The hospital must provide each patient or the patient's legal representative with an opportunity to designate a caregiver."
  - b. "The instruction to the caregiver can occur as the opportunity arises while the patient is hospitalized and the caregiver is present."
  - c. "hospitals should make a reasonable effort to reach the caregiver. Leaving a message is acceptable."
  - d. All of the above
8. What are key nursing barriers to effective patient-centered care
  - a. Staffing
  - b. Work hours
  - c. Work load
  - d. All of the above
9. Which revision change is NOT being proposed for this policy?
  - a. Initiating a top 2-choice in caregiver for patients
  - b. Structured training and instruction for caregivers
  - c. Nurse retraining on time management and effective delegation
  - d. Implementing a minimal criterion for chosen caregivers
10. What benefits arise from implementing the revisions proposed for this policy?
  - a. Enables staff to evaluate the requested caregiver to determine if they are physically and mentally competent to provide the necessary care and if they are willing to receive training.
  - b. Enables staff to contact other potential caregivers in the care that the requested caregiver cannot perform after-care requirements.

The Right to Designate a Caregiver Prior to Discharge

POST TEST AND EVALUATION

- c. Will retrain staff to delegate and time manage nursing tasks effectively
- d. A and B

PLEASE COMPLETE THE FOLLOWING FORM COMPLETELY

(Please PRINT clearly)

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Evaluation

**To what extent did completing this self-study allow you to achieve the outcome below: Use the scale above to respond.**

*After reading the article, I have increased knowledge of the advantages and disadvantages, as well as the political, financial, and social influences of The Caregiver Advise, Record and Enable Act and its proposed policy revisions.*

Strongly Agree (5) Strongly Disagree (1)

5                      4                      3                      2                      1

How many minutes did it take you to read and complete this program? \_\_\_\_\_

Suggestions for improvement? Future topics? \_\_\_\_\_

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